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Baking Soda: A Cheap and Easy Bad Breath Remedy

Baking soda's not just for the refrigerator any more. It's been used for brushing teeth for ages, and one of its biggest advantages is the effect it has on your breath. Baking soda absorbs odors, and that doesn't change when you put it on your toothbrush. Use baking soda to brush, don't forget the tongue, and you'll notice a marked decrease in bad breath.

[Cav's Tip: Getting healthy teeth and gums doesn't have to be hard... Discover how you can effectively end Bleeding Gums, Gingivitis, Gum Disease & Bad Breath Naturally. [Learn more here.](#)

You can also find this article published on [Baking Soda: A Cheap and Easy Bad Breath Remedy](#), and on the tag pages [Bad Breath Treatment Tips](#).